

August Theme: Radiance

A season of rest, grounding, emotional flow, and creative care.

August Energy + Moments

Moon Phases

- New Moon – Aug 12
- Full Moon – Aug 27

Seasonal Shift

- Late Summer – Confidence, self-expression
- Harvest Season – Celebrate your growth

Zodiac

- Leo → Shine, create, lead
- Virgo → Refine, organize, nurture

Cultural Dates

- Lammas – Aug 1
- Lion's Gate Portal – Aug 8
- Women's Equality Day – Aug 26

Monthly Intention: Shine

Journal Prompt

Where am I ready to shine more boldly?

Affirmation

I shine with confidence and warmth.

Creative Challenge

Radiance

Sunburst Radiance Page: Create a bright, golden, sun-inspired journal spread.

Tarot Card

Strength

radiance, confidence, inner power.



Crystal

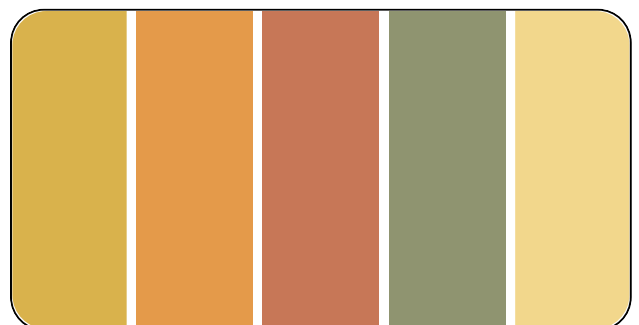
Sunstone

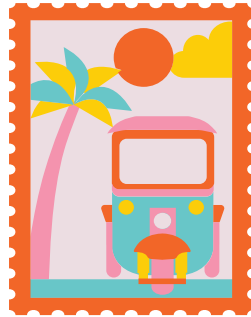
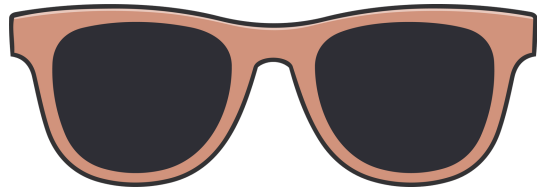
radiance, empowerment, solar energy



Color Palette

- **Solar Gold:** confidence, abundance, and inner light
- **Amber:** warmth, optimism, and joy
- **Warm Terracotta:** creativity, grounding, and warmth
- **Olive Glow:** balance, resilience, and growth
- **Soft Honey:** hope, peace, and radiance





August

