

# VISION BOARD WORKSHEET

## Ask yourself:

What do I actually want to look at and be reminded of this year?

### Feelings

*How do I want to feel when I look at my board?*

This is the emotional tone.

Examples: calm, confident, playful, grounded, inspired.

### Experiences

*What do I want to do, explore, or live through?*

Moments, not achievements.

Examples: travel, creative time, slow mornings, connection.

### Habits

*How do I want to feel when I look at my board?*

Keep this gentle and realistic.

Examples: movement, rest, journaling, boundaries.

### Focus Areas

*Where is my energy going this year?*

These are themes, not to-do lists.

Examples: creative work, healing, learning, stability

### Relationships

*What kind of connection do I want more of?*

This combines love, family, and community.

Examples: reciprocity, support, fun, honesty.

### Symbols + Reminders

*What images, words, or symbols hold meaning for me?*

These help your board speak to you visually.

Examples: colors, places, quotes, objects, nature.

### Creative Challenge:

- Circle or highlight 5–9 words that feel supportive or exciting.
- Find visuals that match them, magazines, real photos, drawings, or our printable stickers.
- Create a small collage or art journal page using color, layering, or symbols.



# VISION Board



**Feelings**

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**Experiences**

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**Habits**

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**Focus Areas**

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**Relationships**

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**Symbols + Reminders**

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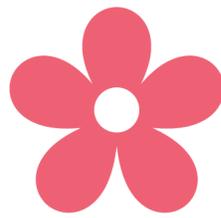
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# VISION BOARD



calm

CREATE

grounded

REST

confident

EXPLORE

playful

NOURISH

inspired

PROTECT

steady

open

PRACTICE

soft

SIMPLIFY

focused

supported

ALLOW

brave

SLAY



**ENOUGH**

**RIGHT NOW**

**THIS SEASON**

**STILL BECOMING**

DREAM  
BIG

Stay  
Focused!

OVERCOME  
THE  
IMPOSSIBLE

Believe  
in  
Yourself!

GOALS

Never  
Give  
Up!

You can  
do it!

I'M ETERNALLY  
GRATEFUL

LITTLE STEPS  
MATTER

Dreams  
-Come-  
True!

i am  
Confident

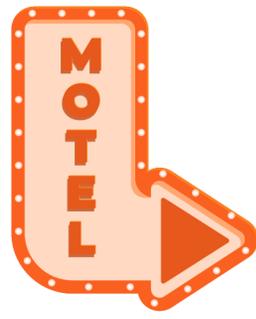
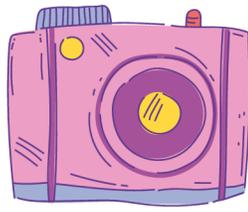
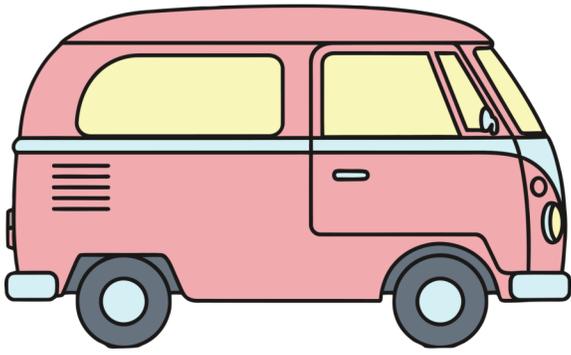
DEBT FREE

TAKE  
RISKS

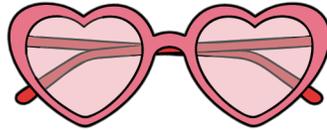
Seize  
The  
Moment!

trust  
the process

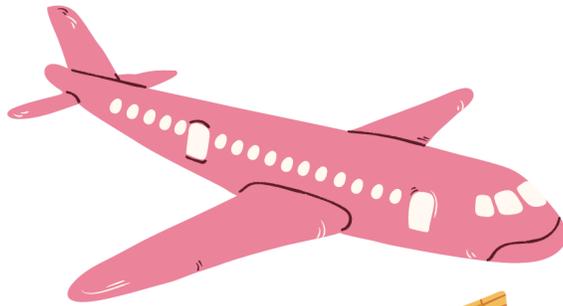
Dream



EXPLORE MORE



travel more



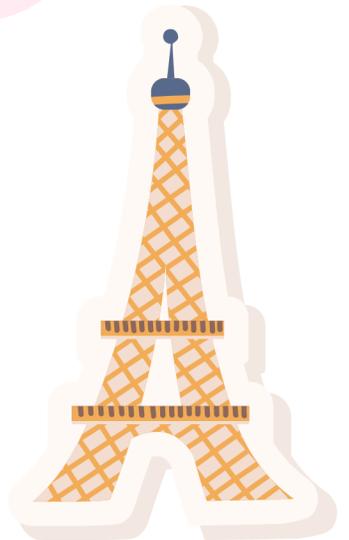
FUN TIMES



good things ahead



NEVER stop EXPLORING



**READ  
MORE**

**Never  
QUIT**

*\*Keep\**  
**PUSHING**

**SLAY**

**Radiate  
Positivity**

another day  
another slay

**BE GENTLE  
WITH  
YOURSELF**

**GET IT  
GIRL!**

**NO BAD  
VIBES**

note to self:  
**DO NOT  
QUIT**

**SELF  
LOVE  
CLUB**

**EAT  
healthy**

**REVEL AT THIS  
BEAUTY** ❤️

**Stay  
active**

**JOY  
in the  
JOURNEY**

Dream  
BIG



Trust the  
PROCESS!

Manifesting



777



One  
step  
closer

LUCKY  
LUCKY  
LUCKY



WORK-LIFE  
HARMONY

SMALL  
STEPS  
- BIG -  
RESULTS

Manifest



#HUSTLE

CLIMB  
THE  
LADDER



GOALS



Grateful



a new era for me

#blessed

Dream

